

## FROM THE COLLEGE PRINCIPAL

### Celebration and Opening College Mass

We welcomed the **Most Reverend Vincent Long Van Nguyen OFM Conv**, Bishop of Parramatta, to the College to celebrate the **50<sup>th</sup> Anniversary** of the foundation of our college and the opening of the **scholastic year 2017**, last Wednesday the 15<sup>th</sup> of February 2017.

The **Sisters of the Holy Family of Nazareth** founded the college on the junior site in 1967 as Holy Family High School. Later John Paul II Senior High School was opened on the present senior campus site to cater for students in Years 11 and 12 in 1981. Then, the two sites amalgamated to form the present St Andrews College in 1998. Bishop Vincent Long congratulated the sisters on their early pioneering work and their foresight in establishing a flourishing Catholic secondary school for the young people in the Greater Blacktown Local Government Area.

**Bishop Vincent challenged each of us to be courageous disciples of Jesus** in a world crying out for justice for all people, particularly refugees, asylum seekers, the alienated, the lonely and those who have suffered due to some people within the Catholic Church.

Our students have a wonderful history of **being people for others** and Bishop Vincent Long's challenge has further refined their actions in **Faith doing Justice!**

This week the College was shocked at the sudden serious illness of one of our staff members, **Miss Mary Manalili**. She is being well looked after at Westmead Hospital. I invite each of you to pray for her total healing and full recovery.

**"Loving God, we ask you to take care of Miss Mary Manalili, heal her, so that she may return to the College fully recovered. Thank you. Amen."**

The great educational tradition continues at St Andrews College with the **Year 7 group** settling in well. Their recent camp at Collaroy was superb. They were a real credit to themselves, their families and the College. I thank Mrs Carol Martin and the wonderful group of teachers who provided this great opportunity for our Year 7 students.

**Attendance** at school each day maximizes students' learning, **every day counts**. Let us make each day a learning day, of curiosity, creativity, academic improvements, faith and human development.

**Lent** begins next week with Ash Wednesday on the 1<sup>st</sup> of March 2017. Let us remember this **is a time of fasting, prayer and almsgiving** in preparation of the greatest feast day in the Catholic Church, the Feast of the Resurrection of Jesus Christ – Easter!

Let us reflect on how we can be more courageous in our following of Jesus Christ, **doing more and going beyond – Faith doing Justice, everyday!**

**God Bless you,  
Nicholas Vidot  
Principal**



**Faith in Christ** is the College motto.

*Faith in Christ gives us our sense of meaning and purpose.*

## Coming Events

<b>27th February</b>	<b>7th March</b>
<b>EM4 Lyn Sharrat Workshop</b>	<b>Open Day Junior Campus</b>
<b>28th February</b>	<b>Year 11 Synagogue / Mosque Excursion</b>
<b>Vinnie's Pancakes</b>	
	<b>8th March</b>
<b>1st March</b>	<b>Year 10 Reflection Day</b>
<b>Ash Wednesday</b>	
<b>2nd March</b>	<b>13th March</b>
<b>College Swimming Carnival</b>	<b>Year 10 Coastal Field Trip</b>
	<b>15th March</b>
<b>5th-10th March</b>	<b>Year 10 Coastal Field Trip</b>
<b>Catholic Schools Week</b>	
<b>6th-17th March</b>	<b>16th - 17th March</b>
<b>Year 12 Mid Course Exams</b>	<b>Year 11 Retreat</b>
	*****

## FROM THE ASSISTANT PRINCIPAL - STUDENTS

### Ways to change from a negative mindset to a positive mindset

- 1) **Focus on what is working**- we need to understand and work with our strengths. When we identify our strengths we start to understand the areas we need help with.
- 2) **Set realistic goals** – setting goals helps us focus on moving forward in a positive way. Setting goals on our strengths is easy and if we use similar goals and strategies for our weaker areas you will see success.
- 3) **Be patient**- all success takes time. We might see improvement in our areas of strength but sometimes other areas take more time, be patient and it will happen.
- 4) **Have grit**- be persistent in your work, don't give up when it gets hard. The work is meant to be hard so you grow and your weaknesses become strengths.
- 5) **Always uses your resources**- all students have resources to help them have success, your families, your teachers, staff at the College and other people who have an expertise in learning. Never be afraid to ask for help, this is a sign of strength.
- 6) **Take action**- as Nike says, "Just do it". Don't procrastinate, set your goals and take action.

Never use the term "I can't do it", use the term "I can't do it yet" change the way we think, be positive and solution focused.

### What is Bullying?

Bullying is made up of behaviours intended to deliberately hurt, threaten, frighten or exclude someone by physical and non-physical means over extended periods of time. An individual or group may direct these behaviours towards another individual or group.

Someone is bullying another person when:

- They *repeatedly* verbally abuse a person or group by calling them unpleasant names, by writing them nasty notes and/or messages or by using unpleasant gestures.
- They *repeatedly* physically harm a person or group or physically intimidate them by threatening physical harm or by destroying/taking their belongings without permission.
- They *repeatedly* encourage their friends or people they know to verbally, physically threaten a person or group; or ask them to harass, embarrass, ignore or exclude that person or group from activities.

Bullying may take one, two or all of these forms. *Repeatedly means that they do these things to that person or group the majority of the time they talk about them, see them or spend time around them.*

Research has shown that bullying has negative, long-term consequences for all involved.

Such consequences include:

- For victims - constant feelings of rejection, low self-regard, fear, an inability to solve problems with others in acceptable ways, relationship difficulties, and problems with achieving full potential academically and socially;
- For bullies - an increased risk of criminal behaviour.

**As such, bullying behaviours have no place at this College**

*(Continued over page)*

## FROM THE ASSISTANT PRINCIPAL - STUDENTS

### What do we do if it happens to you or someone you know?

If you are being bullied at school or online, or you know of someone who is being bullied, you must make positive moves to stop the bullying. St Andrews College has a no tolerance rule for bullying but if you don't tell us, we cannot help.

**Step 1** – talk to someone about what is happening. If you know the person and you are comfortable, approach them and ask them to stop.

**Step 2** - approach your parents or the school to help you sort out the issue. You have your Learning Advisor or your Leader of Learning who are there to support you. They might give you strategies to help deal with the situation or they might intervene, this is up to you.

**Step 3** - If you are able to sort things out, move forward in a positive way, if not speak to another person or approach someone you trust to help you. At the end of the day we want all students to be safe and learning so we will assist any student to help that happen. Don't be afraid to come and see a teacher it is our job to assist you.

St Andrews College has a zero tolerance policy on bullying. If you have any concerns please see your Learning Advisor, your teachers, your Leader of Learning – Pastoral or myself. The quicker you see us the quicker it will be resolved. Thankyou

### Uniform

Just a reminder that the uniform policy is published in the Student Planner. All students are expected to follow this policy. The uniform has a tradition which began 20 years ago and although fashion changes, the school uniform and the expectations will not. The College will not change the uniform policy as fashion changes for the students and we ask parents to remind students of that

when they want to get unusual haircuts, piercings, different hair colour or any other variation to the uniform.

**Mr Nick Thrum**  
**Assistant Principal- Students**



## FROM THE ASSISTANT PRINCIPAL - LEARNING AND TEACHING

### TIMETABLE

#### Year 12 Mid-Course Examinations

Monday 6th March – Friday 17th March

- Morning Sessions commence: 8.45am
- Afternoon Sessions commence: 12.45pm
- Students are required at school only at time of examination
- Students must wear full school uniform
- Follow Assessment Guidelines if absent due to illness or misadventure
- **All bags are to be placed in ROOM 2 – NO MOBILE PHONES MAY BE TAKEN INTO THE EXAM ROOM**

Date	Morning Session	Room	Afternoon Session	Room
Mon 6/3	English Standard 1: 8.45 – 10.55 English Advanced 1: 8.45 – 10.55	Hall C/Room	VET HOSPITALITY: 12.45 – 2.50	C/Room
Tue 7/3	English Standard 2: 8.45 – 9.30 English Advanced 2: 8.45 – 9.30	Hall C/Room	MUSIC 1: 12.45 – 1.50 SOCIETY & CULTURE: 12.45 – 2.20	C/Room C/Room
Wed 8/3	Business Studies: 8.45 – 10.50	C/Room	Chemistry: 12.45 – 2.20 CAFS: 12.45 – 2.20	C/Room C/Room
Thu 9/3	General Maths 2: 8.45 – 11.20 Maths 2U: 8.45 – 11.20	C/Room Hall	Geography: 12.45 – 2.50 Engineering: 12.45 – 2.50 Textiles: 12.45 – 2.20	C/Room C/Room Hall
Fri 10/3	IPT: 8.45 – 10.20 Food Tech: 8.45 – 10.50	C/Room C/Room	Japanese Continuers: 12.45 – 2.20 Speaking and listening (40 minutes listening – and 10 minutes each person speaking)	Room 18/19
Week Two				
Mon 13/3	PDHPE: 8.45 – 10.55	C/Room	Senior Science: 12.45 – 2.20	C/Room
Tue 14/3	VET Entertainment: 8.45 – 11.20 VET Business Services: 8.45 – 11.20 Design and Tech: 8.45 – 10.20	C/Room C/Room C/Room	Visual Art: 12.45 – 2.20 Modern History: 12.45 – 2.20 Maths Ext 1: 12.45 – 2.20	C/Room C/Room C/Room
Wed 15/3	Biology: 8.45 – 10.20	C/Room	Physics: 12.45 – 2.20	C/Room
Thu 16/3	Drama: 8.45 – 10.20	C/Room	Maths Ext 2: 12.45 – 2.20	Room 1
Fri 17/3	Japanese Continuers: 8.45 – 11.25 Reading and Writing	Hall	History Ext: 12.45 – 1.35	Room 1



**Gabriela Osterlund**  
Assistant Principal—Learning and Teaching

## OPENING COLLEGE MASS

The Opening College Mass was held on Wednesday the 15th of February on the Junior Campus.

The Mass not only marked the opening of the scholastic year 2017 it also commemorated the 50th Anniversary of the College. In 1967 the Sisters of the Holy Family of Nazareth founded the Holy Family High School, the site we now know as St Andrews College Junior Campus.

Students, staff, special guests and the Sister of the Holy Family of Nazareth celebrated Mass with the Most Reverend Vincent Long Van Nguyen OFM Conv, Bishop of Parramatta and Monsignor Ron.



## OPENING COLLEGE MASS



OPENING COLLEGE MASS

## OPENING COLLEGE MASS



OPENING COLLEGE MASS

## FROM THE LEADER OF LEARNING RELIGIOUS EDUCATION

### Formation Goal:

**To know and understand the person of Jesus Christ as the fulfilment of the Hebrew Scripture prophecies**

Is 49:14-15

*Even these may forget, says the Lord God, yet I will not forget you.*

Preparing the way for this Gospel is a text from the Hebrew prophet whom we conventionally refer to as 'Second Isaiah' – that is the prophet responsible for the oracles found in the second half of the Book of Isaiah (from Chapter 40 on). This 'Isaiah' brought to Israel the good news that those held captive in Babylon were soon to be set free and would return across the desert in a new Exodus to their homeland. During the long decades of exile, the people may have felt that God had abandoned and forgotten them. In the brief text that forms today's First Reading (Isa 49:14-15) the prophet protests that such an eventuality is less likely than that a woman should forget the child of her womb – a striking instance of maternal imagery for God in the Old Testament.

### Opening College Mass

The College Opening College Mass was celebrated on the 15<sup>th</sup> of February on the Junior Campus. The Mass marked the celebration of the 50<sup>th</sup> Anniversary of the Sisters of Holy Family Nazareth and their establishment of and dedication to education for the Quakers Hill and Marayong communities. The Eucharist was celebrated by Bishop Vincent and Monsignor Ron. Thank you to the many staff in making this a great celebration of the College and to the students for their willingness to participate in specific roles from readers, offertory, musicians and welcoming our guests. Everybody had a role in acknowledging and celebrating the work of the Sisters in the establishment of the Holy Family Campus.



### St Vincent de Paul

The St Vincent de Paul students have begun their fundraising for 2017 across the College, selling roses for Valentines Day. Roses were purchased and it was indeed a sell out event. Thank you to the staff and students for supporting this fundraising event. An outstanding result was achieved with over \$1400 raised in funds for St Vincent de Paul. Thank you to Miss Pett for coordinating this on the Junior Campus.



The next fundraiser will be for Shrove Tuesday on the 28<sup>th</sup> of February. This is traditionally a day to clean out pantries for rich ingredients that can be used to make other foods. The Vinnie's Group will be selling Pancakes across the College throughout the day.

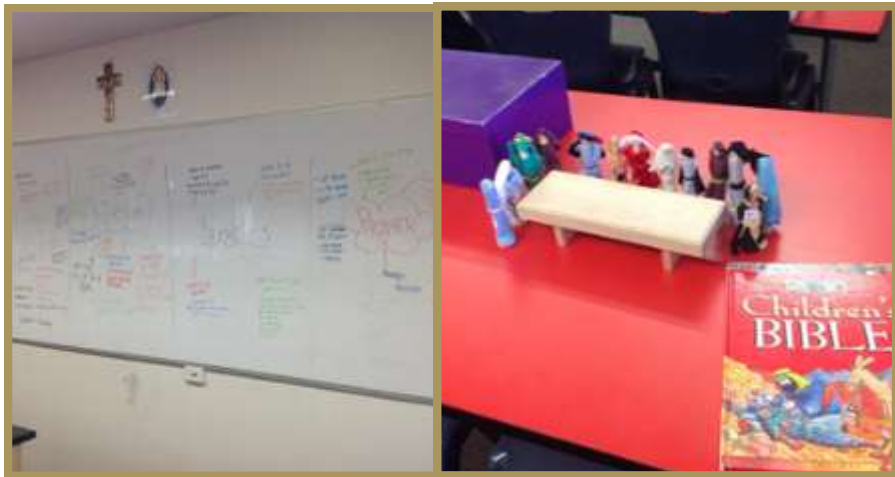
*Please support our fundraising event!*

### Project Compassion

On the 1<sup>st</sup> of March the College Project Compassion Campaign will be launched for 2017. Project Compassion demonstrates how love for our neighbours can transform lives this year. Sharing stories from people in the Philippines, Timor Leste, Indigenous Australia, Vietnam, and Fiji. Their stories humble and inspire us and show how our contributions to Project Compassion help people build better lives for themselves, their families and their communities. Fundraising for Project Compassion will be allocated to House Groups and Learning Groups for the remainder of Term. Let's get creative St Andrews! Thank you to Mr McBride and Ms Becroft who will be promoting awareness across the College.

*(Continued over page)*

## FROM THE LEADER OF LEARNING RELIGIOUS EDUCATION



### Catechist Training

Year 10 on the 17<sup>th</sup> of February received their induction for the Catechist Program in the Diocese. The training involved engaging with prayer and scripture using different methods and resources, prayer through music, actions and craft. Thank you to the students who have stepped up to provide this opportunity for our catholic students in state schools. Many thanks to Mrs C Cassar and Mrs C Zammit for their ongoing support in offering the catechist training in our College.



### Vinnie's Van Training

Year 11 students on the 20<sup>th</sup> of February received the Vinnie's Van training to support the ongoing tradition in the College for Vinnie's. Work health and safety, hygiene and facts about homelessness are some of the many parts of the presentation. Students were briefed on how to conduct themselves whilst out on the Vinnie's Van and speaking with the people in our community. Often this is the greatest need, just someone to talk with over a cup of coffee.

*(Continued over page)*

## FROM THE LEADER OF LEARNING RELIGIOUS EDUCATION

### Ash Wednesday

Students will be attending Mass on the 1<sup>st</sup> of March on the Junior campus at 10am and the Senior Campus will be joining the Parish Mass at noon. Students are reminded this is a holy day of obligation.

### Holy Family Aged Care Centre

This week our students were greeted by the residents with open arms. The students engaged in an art and craft session, busily working away - creating collages of the photos taken at the Valentine's Day activities, many residents were happy to colour in or simply just sit and talk.

Looking forward to our next visit!!!



### Year 11 Retreat

This year, the Year 11 Retreat is happening on the 16<sup>th</sup> and 17<sup>th</sup> of March. The students will be attending four different venues grouped in their College Houses. Students have received their notes and these notes are now due back. Students need to ensure they give their note to their Learning Advisor, please. If any student has lost their note please collect another from the front office.

### From The Parish

#### Sacrament of First Holy Communion

This Program will commence in Term 1 for children in Years 3 and above who have received the Sacrament of Penance. Classes: Sundays 26<sup>th</sup> February and 5<sup>th</sup> March 2017. Classes begin with 8.45am Mass and conclude at approximately 11.30am. Sacrament of First Holy Communion: Saturday 18<sup>th</sup> March at 6pm, Sunday 19<sup>th</sup> March 2017 at 8.45am or 12:15 pm -Facilitators required - Please contact the office. Meeting 7:00pm February 21<sup>st</sup>

#### Stations of the Cross During Lent

This will take place during Lent on a Friday evening following Mass. As we have done in the past we would like the groups in the parish to volunteer their services in leading this devotion. If your group is able to volunteer, please contact the office. The proposed leaders for the Stations of the Cross are as follows: Friday March 3: The members of HJM as part of the Holy Hour. Friday, March 10: Friday, March 17: The members of SAYWAT. Friday, March 24: Friday, March 31: Friday, April 7: The members of HJM as part of the Holy Hour. Good Friday, April 14: This year Good Friday falls in the middle of the school holidays so it is hoped that the members of SAYWAT will be able to take responsibility for the Stations of the Cross.

**Tania Melki**

**Religious Education Coordinator  
Formation**

### Dates

**20<sup>th</sup> March**  
Vinnie's Van

**28<sup>th</sup> February**  
Pancake Shrove  
Tuesday  
Vinnie's Fundraiser

**1<sup>st</sup> March**  
Ash Wednesday

**7<sup>th</sup> March**  
Year 11 Synagogue/  
Mosque Excursion

**8<sup>th</sup> March**  
Year 10 Reflection  
Day

**16<sup>th</sup>-17<sup>th</sup> March**  
Year 11 Retreat

**7<sup>th</sup> April**  
Stations of the Cross



Youth Mass and  
SAYWAT

**Friday 17<sup>th</sup> March**

## VINNIES ROSES

The 14th of February is not everyone's cup of tea, however each year the Vinnie's Group helps bring it to light a little more by encouraging the College to do more for those in need.

Whether you're single or not, roses are always the perfect way to tell someone they're special to you. Hundreds of roses were ordered and prepared by the Vinnie's Group – they were de-thorned, attached to a small vial of water, wrapped in plastic and had their personalised messages attached with a ribbon. Each person who purchased a rose was given a blank heart which they could write a message on, making it that little bit more special for the person who received it. They were delivered to each Learning Group on Valentine's Day morning. At the end of the day all of our profit went to a worthy cause: to raise money for the St Vincent de Paul Society. Selling the roses was a great success, however the day would not have been successful without our Vinnie's Leader - Miss Pett. She had the most important role as the fuel and coordinator of the crew, and had the day running smoothly. A big thank you to Miss Pett – for making Valentine's Day the *bomb* for everyone! Thank you to all staff and students who supported Vinnie's Group and helped those in need. Between both campuses Vinnie's was able to raise over \$1400 in profit. This is an amazing achievement and truly an example of *doing more and going beyond*.

**Dana Devine**  
**Vinnie's Group Member**



VINNIES ROSES

## LEADER OF LEARNING — PASTORAL CARE

### Year 7

Year 7 students have been given vaccination consent forms to bring home. Please complete them in blue or black pen ONLY & return to the office as soon as possible. This is an important health initiative and we encourage families to participate in this free event. Vaccinations will commence on Monday 3 April.

**Carol Martin**

**Leader of Learning Year 7**



LEADER OF LEARNING — PASTORAL CARE

**Year 7 Vaccinations**

Dear Parent/Guardian

Teams of specially trained registered nurses will be visiting your child's school during Year 7 to offer free vaccinations against serious vaccine preventable diseases.

**Vaccines include:**  
 Human Papillomavirus (HPV) vaccine (3 doses)  
 Diphtheria-Tetanus-Pertussis (dTpa) vaccine (1 dose)  
 Varicella (chickenpox) vaccine (1 dose)

**These vaccines are only provided FREE whilst your child is in Year 7.**

**What do you need to do?**

- ✓ Read Year 7 Vaccination Information Kit
- ✓ Check your child's vaccination records for varicella vaccine: all students should receive 1 dose unless the vaccine has been given before or your child has had the chickenpox disease
- ✓ Complete the Consent Form in BLOCK letters using a BLACK or BLUE pen
- ✓ Sign the Consent Form for each vaccine your child requires
- ✓ Return the signed Consent Form to your child - return to school, as soon as possible
- ✓ Discuss the importance of vaccinations with your child
- ✓ Ensure your child has breakfast on the morning of vaccination

More questions?  
 Please contact Western Sydney Public Health Unit on 9540 3603 or visit [www.health.nsw.gov.au/immunisation](http://www.health.nsw.gov.au/immunisation) for further information and translated copies of the Year 7 Vaccination Information Kit

Ebony O'Connor, School Captain, has been selected in the Blacktown City Netball Association Under 15 Years Representative Team.

We wish Ebony and her team mates every success as they compete in the State Age Championship Competition.



**Congratulations Ebony!!**

## LEADER OF LEARNING — PASTORAL CARE

### Year 12

Year 12 students now have a copy of their Mid-Course Examination Timetable. The Exams have been organised from Monday, the 6<sup>th</sup> of March until Friday the 17<sup>th</sup> of March.

- Morning Sessions commence at 8.45am
- Afternoon Sessions begin at 12.45pm
- Students are required at school only at the time of their examination
- Students must wear full school uniform
- Students need to follow Assessment Guidelines if absent due to illness or misadventure
- All bags will be placed in Room 2 and locked for the duration of the exam
- No mobile phones will be permitted into the exam room.

The following information about the ten most effective study techniques for students to prepare for their exams comes from the following website; <http://www.evidencebasedteaching.org.au/the-10-best-evidence-based-study-tips/>

*(A site well worth reading in its entirety but for your convenience I have summarised it for you – dear Reader.)*

### The 10 Best Study Tips

1. **Preparing a timetable for regular revision**, which requires a great deal of self-discipline and sacrifice of free time from the student. Scaffolds for timetables can be found in the Student Learning Planner.
2. **Visualising achievement** in terms of students receiving their marks back from the Mid –Course Exams. Picturing the feeling of a job well done and all the time and energy taken to achieve success.
3. **Re-reading** student notes in terms of topic summaries or teacher feedback of formative assessment tasks and understanding where to improve in the exams.

4. **Note-Taking** – making summaries of summaries until a whole topic can be remembered in a single paragraph, sentence or even just a word.
5. **Committing Information to the Long Term Memory.** Students need to remove distractions such as music or the television and fully focus on rehearsing the information, which needs to be learnt and stored in the long-term memory of the brain.
6. **Connecting New Information to Old.** Learning material is a basic skill but the understanding and application of that information under a time limit is a most sophisticated academic skill. Students need time to think carefully on what they have learnt and ask questions of their teachers if they do not understand the ‘bigger picture’ of the topic studied.
7. **Practising answering past exam papers and/or regular drafting of prepared answers** for the exam is a most effective study habit.
8. **Self – Verbalising** of information by students can help to clarify key concepts, themes needed for academic success in the exam.
9. **Justifying an argument** on a topic or text helps to clarify the key content of the topic or text. This is where accountable talk is vital in any teaching and learning in the classroom and this skill can be transferred in small group study discussions after class.
10. **Practise Testing.** Students can find past exam papers and student responses in the College Library or on the NSW Education Standards Authority website.

As I walk around the playground each day I hear snippets of conversations by students who are clarifying their ideas learnt in lessons that day. It is most heartening to see such enthusiasm for learning and I wish all Year 12 the very best performance in their exams.

**Melissa Blackwell**  
**Leader of Learning Year 12**

## LEADER OF LEARNING - PASTORAL CARE

### Elevate Education 7 - 12

Elevate Education workshops are beginning this week to help students with their study and organisation skills. Below is a summary of the workshops and the dates they are run. Some of the workshops are in Pastoral Lessons & some are run during class time:



**Study Skills Kick Start (Year 7) – March 10.** This workshop breaks down the transition process from primary to secondary education, introducing students to the basic skills that they need to use in high school. Topics covered include: Dynamic reading; Note taking; Conceptual learning skills and Independent learning.

**Junior Time Management (Year 8) – February 24.** This workshop shows students how to work consistently and how to complete larger tasks (so it's not done the night before!). Students will be shown how to break down bigger tasks into manageable amounts of work, whilst also showing them how to prioritise. Topics covered include: Study routine; Working smart; Assignments/Exams and Procrastination.

**Memory & Mnemonics (Year 9) – April 28.** This workshop shows students how to use simple techniques and strategies that help with memorising and recalling information. It will also show students the importance of a good study environment and how to deal with Facebook, music, TV, distractions, the internet and ineffective work times. Topics covered include: Understanding how memory works; Why we forget things; How to ensure more information is remembered.

**Path of the Study Sensei (Year 10) – March 10.** In this workshop students address the question "What is Study?" They will break down the study techniques of the top students, providing students with a road-map for what work they need to be doing across the year and how to do it. Topics covered include: Working Consistently; Note Taking; Conceptual Learning Skills; Practice Papers and Standing Out on an Assessment.

**Time Management (Year 10) – May 12.** In this workshop students will address the second most common question – "Once I know what to do, how do I find the time to do it?" Students have busy lives and for most the challenge is simply finding time to get the work done. Topics covered include: Study Routine; Working Smart; Study Groups and Procrastination.

**Student Elevation (Year 11) – February 24.** In this workshop students learn about the key fundamentals for senior school success, and will be introduced to a range of skills that will allow them to motivate themselves

throughout the year. Topics covered include: Belief; Goal Setting and Short term planning.

**Memory Mnemonics (Year 11) – June 2.** This workshop is an extension of the session that is covered in Year 9. Students learn how to use simple techniques and strategies that help with memorising and recalling information. It will also show students the importance of a good study environment and how to deal with Facebook, music, TV, distractions, internet and ineffective work times. Topics covered include: Understanding how memory works; Why we forget things; How to ensure more information is retained.

**Ace Your Exams (Year 12) – May 19.** In this workshop students learn how to apply what they know to 'get the marks they deserve' in exams. Topics covered include: Effective work; Fixing mistakes; Allocation of Time and Exam room techniques.

**Finishing Line (Year 12) – September 8.** This session marks the conclusion of the program and is run as a workshop. It is a great final motivation for students and an opportunity for them to ask the questions they've wanted to ask. Topics covered include: How to set (or reassess) short term goals for final exams; How to work effectively during the exam period itself; Holiday work & how to avoid putting it off; The importance of sleep and what bad sleep patterns do to productivity.

During Pastoral lessons this year, students will be doing follow-up activities to reinforce the workshops and to practise the skills they have learned.

Each student at St Andrews College is also able to gain access to the Elevate Student Portal where they can access a range of resources including tips on wellbeing, practise questions, video tutorials & study tips (including study timetables) specific to their Year group, that allows students to have support even after their Elevate workshop.

The Elevate Student Portal is: <https://austudent.elevateeducation.com>

If students have forgotten their password (which is given to them at the workshops), they can use:

Username – STUDENT

Password – pacco

**Sue Cooper**

**Leader of Learning Pastoral Care**

## LEADER OF LEARNING - PASTORAL CARE

Dear Parents and Carers,

With a large number of people drowning in Australia in the past year, we at St Andrews College have decided to implement a swimming test for all students in Years 7 through to 10.

The ability to swim is not only a very important life skill, but also a way to fully appreciate all that Australia has to offer. Following the test, students who are identified with low swimming ability will undergo swimming lessons to ensure their safety in aquatic environments.

The swimming tests will be held at Blacktown Leisure Centre, Stanhope. The students will travel by bus to and from the pool. Students are asked to bring their board shorts for boys and a one-piece costume for girls. They may also bring a rash shirt if they wish.

**Year 7- completed their tests on Thursday 16/2**

**Year 8- completed their tests on Thursday 23/2 .**

**Below are the dates and times for Year 9 and Year 10**

**Year 9- Thursday 30/3 during sport 1-2pm**

**Year 10- Thursday 6/4 during sport 1-2pm**

As we consider these tests extremely important, we ask that if you do not wish your child to be included, you contact the relevant Leader of Learning.

***Yours in aquatic safety,  
Leaders of Learning (Years 7 — 10)***



## DRAMA AND VET ENTERTAINMENT

### ONSTAGE

On the 4<sup>th</sup> of February Drama students in Year 11 and 12 had the privilege of attending ONSTAGE at the Seymour Centre, to watch Band 6 HSC performances and to check out Band 6 Major Works to give them some idea of the standard required for their HSC year.

Students viewed a variety of individual performances and design projects in Costume, Reviews Poster Program, and Set Design. It was also an opportunity for students to mingle among other drama students, check out another venue beyond Parramatta, and to see interesting and challenging Group Performance pieces.

This is an annual event which we organise to get the students engaged with learning beyond the classroom as well as continue to work on social skills and life skills.

The students were fine ambassadors of St Andrews College - as always!



### Short and Sweet Theatre Festival

In the weeks leading up the 9<sup>th</sup> of January St Andrews College Drama students Nicolas Menohous from Year 11 and Guet MacAcuek from Year 12 as well as a number of students from two other local Catholic Colleges, all part of the CAPTIVATE Drama Program, gave up their holiday time to rehearse and then participate in this world wide competition. Two plays were workshopped and presented *Alexander the Great* and *The Office of Threats to Western Civilisation* and were very well received by all who attended.

The performances received many People's Choice votes. It was close call and whilst we didn't take out the actual award, the performances were well received by the Festival Organiser Wayne Tunks who was very impressed with the students' enthusiasm and more importantly their professionalism!

It was also good to welcome back two ex-drama students Kayla Vanderent and Mario Fouad who thoroughly enjoyed the opportunity to perform again in a professional environment at the The Depot Theatre, Marrickville.

VET Entertainment students from Year 12 (Ben Greenup, Sean Lewis, Angelo Pascoa, Kezia Laigo, Daytan Freen and Aries Rouie Reyes) also worked on the week long performance schedule and garnered high praise from the Stage Manager, for their professionalism during a very *hot* week of January.

(Continued over page)



## DRAMA AND VET ENTERTAINMENT

It was a proud moment as the students all took their bows, supported each other, and committed their time over their school holidays to produce a professional show.

If you are interested in working on SHARP and SHORT the Festival Competition held at Parramatta Riverside please see Ms Stathopoulos. CAPTIVATE drama will commence soon, so listen out in Admin Notices.



DRAMA AND VET ENTERTAINMENT

## LEADERSHIP TEAMS 2017

### College Leadership Team

College Principal  
Assistant Principal Staff  
Assistant Principal Learning & Teaching  
Assistant Principal Students  
Leader of Learning Religious Education  
Leader of Learning Religious Education  
Business Manager  
Executive Secretary

Leader of Learning—Administration

Mr Nic Vidot  
Ms Shauna Nash  
Mrs Gabriela Osterlund  
Mr Nick Thrum  
Mrs Tania Melki  
Mr Anthony Culbert  
Mrs Melissa Welch  
Mrs Julie Sabine

Ms Simone McKechnie

### Leaders of Learning—KLA - Senior Campus

Leader of Learning - English  
Leader of Learning - Creative Arts  
Leader of Learning - HSIE  
Leader of Learning - PDHPE  
Leader of Learning - Mathematics  
Leader of Learning - Science  
Leader of Learning - TAS

Ms Maria Kervin  
Mr Antonio Chiappetta  
Mr Alan Johnson  
Miss Claudine Desira  
Ms Tracey Thomson  
Mrs Caroline O'Hare  
Mr Scott McLeod

### Leaders of Learning—KLA - Junior Campus

Leader of Learning - English  
Leader of Learning - Creative Arts  
Leader of Learning - HSIE  
Leader of Learning - PDHPE (Acting)  
Leader of Learning - Mathematics  
Leader of Learning - Science  
Leader of Learning - TAS

Mr Andrew Kuchappan  
Mrs Pauline Ryan  
Mrs Amy Wallis  
Ms Dominique Goldie  
Mr David Carey  
Mrs Wendy Rudman  
Mr Michael Said

### Leaders of Learning—KLA

Leader of Learning Support  
Leader of Learning Technologies

Ms Karen Smith  
Mrs Sarah Anzellotti

### Leaders of Learning—Pastoral Care

Leader of Learning - Pastoral Care  
Leader of Learning - Year 7  
Leader of Learning - Year 8  
Leader of Learning - Year 9  
Leader of Learning - Year 10  
Leader of Learning - Year 11  
Leader of Learning - Year 12

Mrs Sue Cooper  
Mrs Carol Martin  
Mr David Frankham  
Ms Lyndal Simmonds  
Miss Andrea Mansfield  
Mr Peter Bowd  
Ms Melissa Blackwell

College Careers Adviser

Ms Therese May

School Counsellor

Ms Kerrie Castle

Leader of Learning—Sport

Mr Martin Gillogly



“Faith doing Justice”

“Doing More Going Beyond”

# CATHOLIC PARISH OF ST ANDREW THE APOSTLE MARAYONG



Catholic Parish of St Andrew the Apostle Marayong  
40 Breakfast Road (PO Box 4345)  
Marayong NSW 2148

Phone: (02) 9622 0617  
Fax: (02) 9671 7971

Webpage: [www.standrewsmarayong.nsw.au](http://www.standrewsmarayong.nsw.au)  
Email: [sacmarayong@standrewsmarayong.nsw.au](mailto:sacmarayong@standrewsmarayong.nsw.au)

24<sup>th</sup> October, 2016

## TO THE FAMILIES WHO HAVE CHILDREN THEY WISH TO BE PREPARED FOR THE SACRAMENTS OF Penance (RECONCILIATION), FIRST HOLY COMMUNION & CONFIRMATION IN 2017

In 2011, the Diocese of Parramatta released a revised *Sacraments of Initiation Policy* for children preparing for the above mentioned sacraments. The process of preparation for these sacraments remains as a parish based, family centred program which creates particular opportunities for parents to continue sharing their faith with their child at the appropriate time. The sequence for the reception of these sacraments has returned to the order that you may remember as a child.

The *Sacraments of Initiation* are **Baptism, First Holy Communion and Confirmation**. The Sacrament of **Penance**, sometimes called *Reconciliation* or *Confession*, is also an important part of the journey of faith for all of us. It is necessary to receive this Sacrament before you are able to receive the Sacrament of First Holy Communion.

As with all Sacramental Programs it is essential that parents and children are involved. While the students are supported by religious studies in the schools, the actual preparation takes place on a parish and home level. Parents and children are required to attend Sunday Mass and classes, and parents are helped by facilitators who conduct the sessions.

Each year there are opportunities for your children to receive the Sacraments of **Reconciliation, First Holy Communion and Confirmation**. This is based on the presumption that they have already received the **Sacrament of Baptism**, as this is the pre-requisite for all other Sacraments. Usually the **Sacrament of Penance** is received in Year Two. **First Holy Communion** may be received the year after the **Sacrament of Penance** is received. Preparation for the **Sacrament of Confirmation** may begin when your child has entered Year 5 or Year 6 and have already made their First Holy Communion.

Parents have an essential role in discerning when their children are ready to be prepared for the Sacraments. When they believe this is the case they should present the children for registration in the appropriate Sacramental Program.

There is a definite commitment required of families involved in Sacramental Programs. Parents will have to attend one or two *Parent Education Evenings* in regard to the Sacraments concerned. There will also be an *Enrolment Ceremony* conducted during Mass on a Sunday morning. **Attendance at the 8:45am Sunday masses and all classes during the Sacramental Preparation Program are compulsory.**

### Please Note: What does 'Parish-Based Preparation Programs' mean?

What this means in practice is that families need to present their children to their own parish community for preparation.

In other words for people to be eligible to receive the sacrament in St. Andrew's Parish, Marayong, they need to fulfil one of the following criteria –

- The family must live within the parish boundaries of the Parish and / or
- The families need to have chosen this parish as their parish community and this is expressed by ...
  - their registering as parishioners of this Parish and
  - by their participation in the life of this parish community.

If you do not live within the parish boundaries of St Andrew's, or are not registered as a parishioner of the parish, you will need to explain why you are seeking the Sacraments here at St Andrew's. This should be done before the Registration Night. It will require an appointment with one of the Priests or the Sacramental Coordinator. Attendance at the schools in the parish does not automatically make one a parishioner of this parish. As all Sacramental Programs are parish based, it is normally the case that Sacraments are received in the parish where you live or the parish where you worship and are involved.

If your child was baptised at a Church other than St Andrew's Marayong, you will need to bring along the child's original Baptismal Certificate.

### What should you do now?

The Program for 2017 is outlined below. Please note in your diaries the Registration Period for each Sacramental Preparation Program you wish to enroll your child for and register in person at the Parish Office during that period. **[Only PARENTS can collect a Registration form for their child / children.]**

#### Sacrament of First Holy Communion

*[For children in Year 3 and above who have made their first Reconciliation.]*

Registration Period begins:	Monday 30 <sup>th</sup> January, 2017
Registration Evening:	Tuesday 14 <sup>th</sup> February, 2017
Classes (including Mass):	Sundays 26 <sup>th</sup> and 5 <sup>th</sup> March 2017
Date of Sacrament:	Saturday 18 <sup>th</sup> March, 2017 (6 pm) &
(Choose One)	Sunday 19 <sup>th</sup> March, 2017 [8.45am or 12.15pm]

**[ Please note – Allocation to the 6pm, 8:45 am or 12:15pm masses will be based on when Registration forms are collected from the parish office.]**

#### Sacrament of Confirmation

*[For children in Year 5 and above who will have made their First Holy Communion before the Confirmation Ceremony.]*

Registration Period begins:	Wednesday 26 <sup>th</sup> April, 2017
Registration Evening:	Tuesday 9 <sup>th</sup> May, 2017
Classes (including Mass):	Sundays 21 <sup>st</sup> and 28 <sup>th</sup> May, 2017
Date of Sacrament:	6 <sup>th</sup> and/or 7 <sup>th</sup> June, 2017 [7.00pm]
	[Note: Date of the Sacrament to be confirmed]

#### Sacrament of Penance (Reconciliation)

*[For children in Year 2 and above who have been baptised.]*

Registration Period begins:	Monday 18 <sup>th</sup> July, 2017
Registration Evening:	Tuesday 1 <sup>st</sup> August, 2017
Classes (including Mass):	Sundays 13 <sup>th</sup> , 20 <sup>th</sup> and 27 <sup>th</sup> August, 2017
Date of Sacrament: [Choose one]	Saturday 2 <sup>nd</sup> September, 2017
(All at 9:30 am)	Saturday 9 <sup>th</sup> September, 2017 OR
	Saturday 16 <sup>th</sup> September, 2017

Parish Sacramental Team  
Parish of St Andrew the Apostle, Marayong