

# Nic's Catering & Canteen Services High School Menu

Food Coding

G- Green fill the menu

A - Amber Select Carefully

R - Red Only Occasionally

GF - Gluten Free

V - Vegetarian



# Start The Day Right!

Bacon & Egg Roll/Wrap (A)		\$	5.00
Croissant (A)	Cheese	\$	4.00
	Ham & Cheese	\$	4.50
	Ham, Cheese & Tomato	\$	4.50
Breakfast Burger (A)	Hash Brown, Egg, Tomato & Cheese	\$	5.50
Hash Brown		\$	2.00
Seasonal Fruit & Yoghurt (G) (GF)		\$	5.50
Yoghurt & Muesli (G) (GF)		\$	5.00
Yoghurt & Berries (G) (GF)		\$	5.50
Fruit (G)	Fruit Available Daily	\$	1.00
	Fresh Fruit Salad	\$	4.50
Toasties (A)	Cheese	\$	4.00
	Ham & Cheese	\$	4.50
	Ham, Cheese & Tomato	\$	4.80
Banana Bread		\$	4.00

# Hot Meals

Lasagne (G)	Homemade Traditional Beef	\$	6.00
Pesto Pasta		\$	6.00
Pasta Napolitana (G) (V)		\$	6.00
Pasta Bolognese (G)		\$	6.00
Creamy Pasta (A)	Mushroom & Bacon with a Cream Sauce	\$	6.00

Special Fried Rice (G)		\$	5.00
Butter Chicken with Rice (A)		\$	6.00
Mac & Cheese		\$	5.00
Lean Beef Pie (A)		\$	4.50
Lean Sausage Rolls (A)		\$	4.50
Spinach & Ricotta Rolls (A)		\$	5.00
Spring Rolls		\$	2.00
6 x Nuggets		\$	4.50
Nuggets & Wedges	4 Chicken Nuggets with a serve of Wedges	\$	6.00
Hot Dog With Sauce		\$	4.00
Beef Nachos	With Lettuce, Tomato, Guacamole and Sour Cream	\$	6.00
Fish Cocktails & Wedges	3 Fish Cocktails with a serve of Wedges	\$	6.00
Noodle Cups	Chicken or Beef	\$	3.50
Flat Wrap	Toasted Lebanese Bread with a Chicken Tender, Sour Cream, Cheese & Sweet Chili Sauce	\$	5.50

## Burgers

Chicken Caesar Burger (A)	Chicken, Caesar dressing, bacon, Lettuce	\$	6.50
Chicken Burger (A)	Chicken, lettuce & Mayo	\$	6.00
Cheeseburger (A)	Beef Pattie, Tomato, Cheese & Tomato Sauce	\$	6.00

Chicken Tandoori	Tandoori Chicken with Mayo & Lettuce	\$	6.00
Chicken & Gravy Roll		\$	6.00
Chicken BLT	Chicken with Bacon, Lettuce & Tomato	\$	6.50
<b>Pizzas</b>			
Margarita (G)	Cheese & Tomato	\$	4.50
Hawaiian (G)	Ham & Pineapple	\$	4.80
BBQ Chicken (G)	BBQ Sauce, Shredded Roast Chicken, Onion & Cheese	\$	5.00
Ham & Cheese		\$	4.50

## Salad and Value Boxes

Greek Salad (G) (GF)	Tomato, Cucumber, Onion, Capsicum, Olives & Feta	\$	6.00
Chicken Caesar (G)	Cos Lettuce, Caesar Dressing, Bacon & Croutons	\$	6.00
Pesto Pasta Salad (A)	Capsicum, Corn, Pasta & Pesto Sauce	\$	6.00
Garden Salad (G)		\$	5.50
Caesar Salad (G)	Cos Lettuce, Caesar Dressing, Bacon, Eggs, Parmesan Cheese & Croutons	\$	6.00
Falafel Pack	Falafel, Tabouli, Hummus & Lebanese Bread	\$	6.00
Chicken Hummus Pack	Chicken, Hummus, Tabouli & Lebanese Bread	\$	6.00

# Wraps, Sandwiches & Focaccia

## Wraps (G)

Chicken Caesar (A)	Chicken, Croutons, Bacon, Cheese & Caesar Dressing	\$	4.00
Vegetarian Wrap (G)	Falafel, Tabouli, Cucumber, Lettuce Hummus	\$	4.00
Chicken Schnitzel (A)	Chicken Schnitzel, Tabouli, Hummus & Lettuce	\$	4.00
Salad Wrap (G) (V)		\$	3.50
Ham & Salad Wrap (G)		\$	4.00

## Sandwiches

Chicken (G)	Chicken, Avocado, Lettuce & Cheese	\$	4.50
	Chicken, Lettuce & Mayo	\$	4.50
Cheese & Tomato (G)		\$	4.50
Smoked Ham (G)	Ham, Cheese & Tomato	\$	4.50
	Ham & Cheese	\$	4.50
	Ham & Tomato	\$	4.50
Salad (G)	Lettuce, Tomato, Cucumber, Beetroot & Onion	\$	4.50
Egg (G)	Lettuce & Mayo	\$	4.50
Curried Egg (G)	Curried Egg & Lettuce	\$	4.50
Breads (G)	White or Wholemeal		
	White Roll	\$	1.00
	Gluten Free	\$	1.00

## Focaccias

Toasted or Fresh			
Smoked Ham (G)	Ham, Cheese & Tomato	\$	6.50
	Ham & Cheese	\$	6.50

	Ham & Tomato	\$	6.50
Cheese & Tomato (G) (V)		\$	6.50
Chicken, Baby Spinach & Mayo		\$	6.50
Chicken Tabouli	Chicken, Tabouli, Hummus, & Cheese	\$	6.50

## Drinks

Water (G)		\$	2.00
Nippy's Iced Chocolate		\$	3.00
Nippy's Iced Coffee		\$	3.00
Nippy's Iced Strawberry		\$	3.00
Nippy's Iced Honeycomb		\$	3.00
Soft Drink Cans (A) (No Sugar)		\$	2.50
Up & Go (Chocolate, Strawberry Or Vanilla)		\$	3.00
Juice Popper		\$	3.00